

Rock City Regionals Schedule of Events

Friday April 27th

5:00PM- Team Demonstration Competition

5:45PM- Judges meeting (All Masters and 4th-5th degree please- we will be signing in for competition)

6:00PM- **ATA Tigers Staging (see below for ring assignments)**

7:00PM- 4th-5th Degree Competition

7:00PM- Teen and Adult Team Sparring (traditional and combat)

7:00PM- All Adult Black Belt ATA X-treme and Creative (18 years old and up)

Saturday April 28th

7:00AM- Instructor and student registration opens

7:15AM- All Adult Black Belts are required to sign in for competition at this time

7:30AM- Mandatory Black Belt Meeting for Adults. As per the ATA tournament rules, late black belts may be denied the opportunity to compete if they miss the Mandatory Black Belt Meeting.

8:00AM- ALL AGES Creative and ATA X-treme Color Belts RING 9

8:00AM - Staging for All Tiger Competition (Friday and Saturday staging)

White Belt Tigers	Ring 1
Orange-Yellow Belt Tigers	Ring 3
Camo-Purple Belt Tigers	Ring 5
Blue Belt and up Tigers	Ring 7

****These competitors will begin competition immediately following Opening Ceremonies****

8:00AM -Staging for Traditional Junior Black Belts competition (Junior Black Belts ATA X-treme & Creative competition will begin after their respective traditional competition has finished)

8 & under Boys 1st-3rd Degree	Ring 11
8 & under Girls 1st-3rd Degree	Ring 12
9-10 Boys 1st, 2nd-3rd Degree	Ring 13
9-10 Girls 1st, 2nd-3rd Degree	Ring 15
11-12 Boys 1st, 2nd-3rd Degree	Ring 17
11-12 Girls 1st, 2nd-3rd Degree	Ring 19

****These competitors will begin competition immediately following Opening Ceremonies****

8:30AM- Opening Ceremonies and Introductions

8:45AM- Junior Black Belt Staging (Junior Black Belts ATA X-treme & Creative competition will begin after their respective traditional competition has finished)

13-14 Boys 1st, 2nd-3rd Degree
13-14 Girls 1st, 2nd-3rd Degree
15-17 Boys 1st, 2nd-3rd Degree
15-17 Girls 1st, 2nd-3rd Degree

9:00AM- Color Belt Staging(competitive and novice)

8 & under	White- Yellow Belts
8 & under	Camo- Rec. Black Belts
9-10	White-Yellow Belts
9-10	Camo- Rec. Black Belts
11-12	White-Yellow Belts
11-12	Camo- Rec. Black Belts
13-14	White- Yellow Belts
13-14	Camo-Rec. Black Belts
15-17	White- Yellow Belts
15-17	Camo-Rec. Black Belts
18 +	White-Yellow Belts
18 +	Camo- Rec. Black Belts

12:00PM- Staging for Special Abilities (Physical, Cognitive and Autism Spectrum)

All Adult Black Belts will compete throughout the day